

The Importance of Ventilation

In simple terms, natural ventilation is a method of allowing fresh outdoor air into living spaces. Rooms left without ventilation can result in condensation build up on windows and window ledges or mould build up on walls, ceiling, clothes and bedding.

Condensation builds up when the room is warm inside and it makes contact with the cold outside. The coldest part of the room is always around the window so moisture build up generally occurs in this area. This condensation needs to be wiped down immediately to avoid mould build up.

Here are some simple tips you can use to ventilate your house daily.

- Open your bedroom, kitchen and living room windows daily for at least 30 mins. For security reasons do not leave windows open while the house is vacant.
- **For further ventilation, windows can be secured on the second latch when your house is vacant. Please see the following page for instructions or call to office for a demo if you are unsure how this works.**
- If condensation builds up on your window/windowsill, it should be dried up immediately to avoid causing mould on curtains, carpet, walls & ceiling as well as on personal belongings.
- Ensure the heating is on correct settings for cost efficiency and comfort. Storage heaters in the hallway and lounge are economical and provide heat for all areas. These switches should never be turned off at the wall once you have set them. See notice in the Student Information Pack for information on using heating economically.
- Clothes or shoes should never be left on heater to dry; this is a fire hazard. Clothes drying on an airer in your unit will cause buildup of moisture in the air, please ensure windows are open to allow exchange of air, reducing condensation and mould developing.

Leaving Your Window on The Second Latch

For ventilation it is an option to leave your window on the second latch, this way it is partially secure and allowing fresh air to move through your accommodation.

